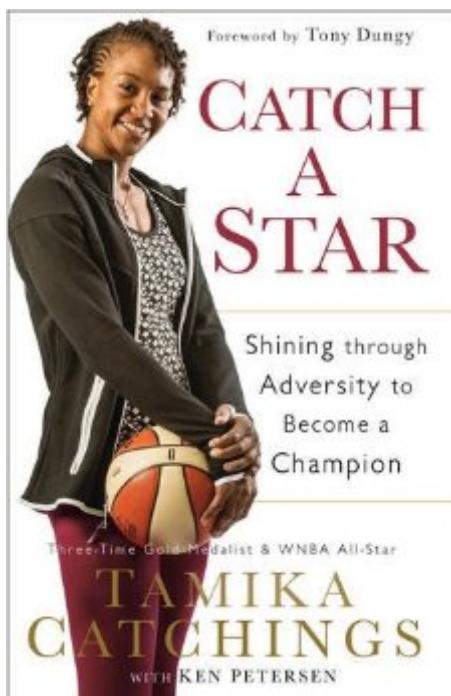


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# Catch A Star: Shining Through Adversity To Become A Champion



## **Synopsis**

When all she wanted was to fit in, Tamika Catchings stood out and felt left out, never knowing one day she'd stand out--as a basketball superstar and an inspiration. She faced being set apart by her hearing loss, separated from family, living up to high expectations, and the pain and discouragement of debilitating physical injury. Yet she reached for the stars with hard work, perseverance, and her faith in God. Through the silence, she found the way to shine. *Catch a Star* tells Tamika's story of overcoming: of leading the Indiana Fever to its first championship, being named one of the WNBA's top fifteen players in history, earning four Olympic gold medals, and founding the Catch the Stars Foundation to help young people achieve their dreams. Her story will inspire readers to face their doubts and fears, encouraging them to reach for their own stars, no matter what challenges come their way.

## **Book Information**

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## **Customer Reviews**

This is an inspiring story of how Catchings rose above challenges to become one of the top WNBA players of all time. She shares how she suffered from hearing loss as a young person. She wore hearing aids and was tormented and teased by classmates until she finally tossed them in a vacant lot. Her parents divorced and that was a challenge she had to overcome too. I was impressed with her desire to play basketball even at a young age. She loved the game so much as a teen her goal was to play in the NBA as there was no women's league then. Her father had played professional basketball and he taught his daughters how to play the game. Catchings says her hearing loss forced her to pay attention to subtle body movements, a plus for playing basketball. She takes us

through her high school experience and a state championship. Then her time at Tennessee with coach Pat Summitt and an NCAA national championship. She had an ACL injury her senior year and wondered about the WNBA draft. But she was picked third by Indiana Fever, a team in their second year. Catchings won WNBA Rookie of the Year in 2002. She was on three Olympic teams and brought home three gold medals. She was essential to Indiana Fever's first ever WNBA championship in 2012. She was MVP of the league, of the championship series, and Defensive Player of the Year. But her skill on the court is only half the story. More important is who Catchings is. She came to a point where she realized basketball was the most important thing in her life. She let God into her life, becoming born again, and made God in control of her life.

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